POETRY POST # 40

REGRET

No Regrets he says after the diagnosis We reel in his words like a prize catch No need to cast about for an impossible answer

But regret is slippery the problem is R in the fourth place like an *I Ching* hexagram always changing

Without R in the fourth we move to Re-get What is it you're dying to have a second chance at—a single phone call

the olive-skinned girl who smelled of vanilla?

Or something you lost from the inside out Re-get your equanimity, authenticity pride, your face for god's sake or sense of sturdy self that suddenly went extinct at some meteor moment of bad choice and calliope?

Regret Re-get Hell. Save the middle! Start from the beginning Rumble ratchet ready wrench out R in the first place

Egret. A fine white bird

I've had my egrets, you say Now die already.

Jenni Fallein, 2017