

# Friends of Head Start, Inc.

*A non-profit organization supporting Head Start Centers  
in the five northern counties of Idaho*

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**November 8, 2013**

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## **Breakfast Out Benefits Head Start in Northern Idaho**

Friends of Head Start is inviting the public to breakfast to help children in the five northern counties benefit from early education.

The Friends of Head Start Flapjack Fundraiser at Applebee's in Coeur d'Alene Nov. 23 will cost \$10 per person for pancakes, sausage, eggs and drinks. The money raised will help remove barriers that prevent Head Start children from learning.

In the past, Friends of Head Start (FOHS), a non-profit group, purchased an oven element for a family that couldn't cook. Nutritious, warm meals are important to learning. FOHS helped families buy gas for cars to drive children to Head Start programs. It enabled parents to finish their high school equivalent document—GED--so they could find better-paying jobs.

"Providing our children with the best start to life benefits every one of us," said Jane Morgan, chairman of the Friends of Head Start board.

Head Start is a federally-funded school-readiness program for children from low-income families. About 300 children ages three through five attend the eight Head Start programs in the five northern counties.

Head Start programs emphasize education, nutrition and health for the entire family. A child's success largely depends on the health and wellness of the whole family.

The FOHS Flapjack Fundraiser on Saturday, Nov. 23, will run from 8 a.m. to 10 a.m. Applebee's is at 280 W. Hanley Ave. in Coeur d'Alene. To ensure seats for breakfast, call Robin at 666-7555 for tickets.

