Advertising Supplement to S-R Media/The Spokesman-Review, Wednesday, April 24, 2013

2013

SPOKESMAN-REVIE

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Day Camps Overnight Camps Specialty Camps Sports Camps

Summer camp empowers one to develop independence, self-esteem, and life-long friendships.

and more





Strength Training – The Power of Camp

Ethan Schafer, Ph.D./American Camping Association

Many camp professionals will describe their camp community as a family. I can't think of a more accurate description.

One of the reasons that well-run camps are so good for children is that they emulate the processes found in what psychologists call authoritative families.

Authoritative parents provide their children with a great deal of structure and have high expectations, while simultaneously providing a high degree of emotional warmth and encouragement.

They can be distinguished from parents who are permissive (high emotional availability, but little structure and low expectations), or authoritarian (high expectations and structure, but low on emotional warmth and encouragement).

As a psychologist, I often describe permissive parents as the "spoilers," and authoritarian parents as the "dictators." There are decades of research supporting the conclusion that authoritative parenting is most likely to result in children who are happy, independent, and secure.

Good camps are like good families: clear expectations are given, rules are enforced in a fair and sensitive manner, and campers are given warmth, respect, and encouragement. Substitute "camp counselor" for "parent," and we get a reason why camp can be so good for children.

Good camps match their programs to the developmental level of the child. Psychologists will often speak of "developmental tasks" or "age-appropriate challenges" when discussing what different ages need to learn in order to develop appropriately.

In my opinion, the camp experience is superior to most schools, as camps make no assumption that all third graders, for example, need to learn the same or be treated the same way. Keeping in mind that children of the same chronological age can vary widely in terms of emotional, social, and intellectual development, the following can be used as a general set of guidelines for what you can expect your child to get out of camp.

CHILDREN – AGES 4-6

Although this age may seem too young for camp, almost all of them can benefit from day camp. Young children are learning how to explore their world, gradually spending more time away from their parents' side.

Day camp, or a brief, overnight camp is an ideal place for young children to experience being away from their parents in a safe, nurturing environment. Good camps will have many structured, productive activities such as crafts and field trips that also help children get used to following a schedule.

There is also no substitute for constant interaction with other children under adult supervision when it comes to developing social skills necessary for a successful entry into school. The staff-to-child ratio will often be much better than that of a school or day care.

CHILDREN – AGES 7-9

Elementary school-age children's interests change frequently as they are exposed to new ideas and opportunities. Think of this developmental period as one enormous "trial-and-error" episode, where children "try on" different likes and dislikes.

Camp is a particularly good match for this age group, with activities unlikely available elsewhere: archery, horseback riding, hiking, sailing, or nature exploration, as well as team sports.

The variety fits nicely with this group of children, who are often especially open-minded about new things. Social development is also critical, as early friendships are formed and the child's individual personality begins to express itself. What summer camp provides is the chance to experience the structured and unstructured social interactions that allow them to determine what kind of person they are going to be.

CHILDREN – AGES 10-12

Children are beginning to define their individuality. Particularly in girls, this period includes great variation in physical and emotional development. One 11-year-old may still enjoy cartoons and toys, while another spends an hour getting ready for school, being obsessed with the opposite sexm or who didn't talk to them in the hallway.

If your child is still "young for his or her age," camp allows them to spend time with other children doing "kid stuff" until they are ready to move on. The more "mature" child will have similar opportunities with older children, without fear of being ostracized. Whatever your "tween" is ready for, camp provides a safe, supervised set of opportunities to explore.

CHILDREN – AGE 13 AND UP

One of the common myths of adolescence is that it is somehow normal to be moody, irresponsible, and self-centered. While this is certainly the case for some teens at certain times, it is not the norm. Sometimes, when we expect them to behave like stereotypically rebellious, troubled teenagers, we are in danger of acting in ways that elicit these behaviors. Camp is a tremendous way to reverse this process. Older campers have opportunities for service and leadership that are unrivaled compared to most other summer activities.

For example, older campers will often be given positions as role models for younger campers. Most will jump at the chance to prove themselves in a positive way.

Camp allows children to be exposed to a diverse group of people, interests, and activities where they are given the opportunity to try, fail, try again, and succeed in the context of a supportive environment.

Challenges are real and require sustained effort to master. Campers can develop a personal sense of security and self-confidence that will help them be comfortable in their own skin for the rest of their lives.

For more information about child development and the camp experience, please visit www.CampParents.org or call 1-800-428-CAMP (2267).

Ethan Schafer specializes in working with children and families. He holds a Ph.D. in child clinical psychology and writes frequently on topics surrounding child development and camp.









Ball **INCLUDED** with Skyhawks half ard full day Soccer, Flag Football Basketball, Volleyball, Mini-Hawk and Multi-Sport camps.

Conveniently Located Across the Greater Spokane Region

CHILDREN AGES 3-12

SOCCER BASKETBALL MINI-HAWK® MULTI-SPORT TENNIS

Register Totay www.skyhawks.com

VOLLEYBALL BASEBALL LAG FOOTBALL GOLF Advertising Supplement to S-R Media/The Spokesman-Review, Wednesday, April 24, 2013

Summer For extended listings about all of these camps, visit www.spokesman.com/summercamps2013.

DAY CAMPS

Quest Summer Day Camp. Coeur d'Alene Church of the Nazarene, June 10-Aug. 16, ages 6-14. \$18/day. www.cdanaz.org

Harvard Park Summer Fun

Camp, 6:30 a.m.-6 p.m. June 17-Aug. 30, ages 2 1/2-10. Children can try cooking, arts, field trips, sports with weekly themes. Part-time and fulltime care options. \$43.50-\$183/week. (509) 327-8964 or harvardparknorth@ comcast.net.

Girl Scout Program Center Summer

Day Camp, June 17-Aug. 26. Weekly sessions for ages 5-17. Includes lunch and day trips to Camp Four Echoes at some sessions and weekly trips to A.M. Cannon pool. Breakfast available for those needing extended morning care. Sessions include "A Campers Delight" June 17-21, \$120; "Royal Training" June 24-28, \$120; "Let it Glow" July 1-3, 5, \$120; "Wet and Wild 1" July 8-12, \$120; "Mach 1/Multi-Adventure Challenge" July 8-12, \$200; "Leader in Action/ WOW Journey" (for Girl Scouts Cadettes) \$120; "Work of Art" July 15-19, \$120; **"Fun with Food"** July 22-26, \$120; "Cake 'Not So Boss" July 22-26, \$200; "Leader in Action Brownie Quest Journey" (for Girl Scout Cadettes), July 22-26, \$120; "Around the World in 5 Days" July 29-Aug. 2, \$120; "Leader in

Action World of Girls Journey" (for Girl Scout Cadettes) July 29-Aug. 2, \$120; "Mine by Design" Aug. 5-9, \$120; "Wet and Wild 2" Aug. 12-16, \$120; "Leader in Action WOW Journey" (for Girl Scout Cadettes) Aug. 12-16, \$120; "Home on the Prairie" Aug. 19-23, \$120; "Summer Rewind" Aug. 26-30, \$120. Register at www.gsewni.org or (509) 747-8091.

City of Spokane Parks and **Recreation Youth Adventure** Day Camps, June 24-Aug. 9, ages 8-13, Riverside State Park Bowl and Pitcher Picnic Shelter, \$189. All Adventure Camp, June 24-28, July 22-26, Biking Week July 8-12, July 29-Aug. 2, Wild and Wacky Waters July 15-19, Aug. 5-9. \$189/session with discounts for three or more sessions. www. spokaneparks.org or (509) 625-6200.

Northeast Youth Center programs include programs for ages 10-16, 5-12 plus pre-school programs for ages $2\frac{1}{2}$ -4. Camp Allotafun Licensed Program, ages 5-12, June 17-Aug. 30, \$119/week, \$15 for extended hours. Future Leaders, ages 10-16, July 8-12, \$119/week plus \$15 extended care. Call (509) 482-0708 for specific programs, dates and classes.

Happy Heart's School-Age

Summer Camp, 7:30 a.m.-5:30 p.m., June 17-20, 24-27, July 1-3, 8-11, 15-18, 22-25, July 29-Aug. 1, Aug. 12-15, 19-22, 26-29, Sept. 3. Ages 6-12. Weekly sessions include activities and trips. \$25 registration, \$20 half day, \$35 full day. Located in the Central Valley School District. (509) 927-5003 or mjhogberg@comcast.net

City of Post Falls Kamp Ka-Mee Lin Summer Kamp,

weekly sessions June 10-Aug. 23, Kiwanis Park. Different programs and activities for ages 5-7, 8-9, 10-12, including games, fishing, hiking and field trips. (208) 773-0539.

Boys & Girls Clubs of Spokane County's' "Superhero Summer **Camp**" weekly sessions 9 a.m.-6 p.m. June 17-Aug. 23, Grades 1-12 perform activities, create crafts and go on field trips. \$100 full session or \$10/ week. Sunrise program 7 a.m.-6 p.m., \$250 full sessions or \$25 per week. bgcspokanecounty.org (509) 489-0741.

Parkview Early Learning Center City Adventures Day Camp, June 17-Aug. 29, weekly themed activities throughout Spokane

including Franklin Park and splash pad. Grades K-3, \$157/week. (509) 326-5610 or www.parkviewelc.com/.

St. Aloysius Summer Camp, 6:30 a.m.-6 p.m. June 17-Aug. 23, ages 2 1/2 -12. Includes field trips, crafts, and more. \$4.42/hour per child plus trip admission fees, bus transportation and T-shirt. \$20 registration before May 31, \$30 after. www.stalsschool.org or rsmith@ dioceseofspokane.org.

Mobius Kids Summer Break Camps, ages 4-8. One-day camps cost \$20 members and \$30 members, and include Monster U!. 10:30 a.m.-12:30 p.m. June 20, Squid Dissection 1:30-3:30 p.m. June 20, Splash! 1:30-3:30 p.m. June 26, Super Heroes 10:30 a.m.-12:30 p.m. July 2, Jungle Jamboree

Progressive Swim Camp June 17th through August 2nd

Unique program format that allows children to progress through required skills at their own pace.

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Contact: Gary Kessie - 509.777.4246 www.whitworth.edu/aquaticscenter





1:30-3:30 p.m. July 10, Squid Dissection 1:30-3:30 p.m. July 11, A Pirate Mystery, 10:30 a.m.-12:30 p.m. July 19, High Tea with Princess Me, 10:30 a.m.-12:30 p.m. July 25 and Aug. 1, Super Heroes 10:30 a.m.-12:30 p.m. Aug. 7, Jungle Jamboree 1:30-3:30 p.m. Aug. 8, A Pirate Mystery, 10:30 a.m.-12:30 p.m. Aug. 15, **Splash** 1:30-3:30 p.m. Aug. 15. Two-day camps costs \$40 members and \$50 non-members and include **Bubblemania** and Balloonapalooza 10:30 a.m.-12:30 p.m. June 26-27, Messiest Art Camp Ever/Oodles of Noodles and Doodles. 10:30 a.m.-12:30 p.m. July 9-10, Dinosaur Roar, 1:30-3:30 p.m. July 16-17, Sweet Science, 10:30 a.m.-12:30 p.m. Aug. 21-22. www.mobiusspokane.org.

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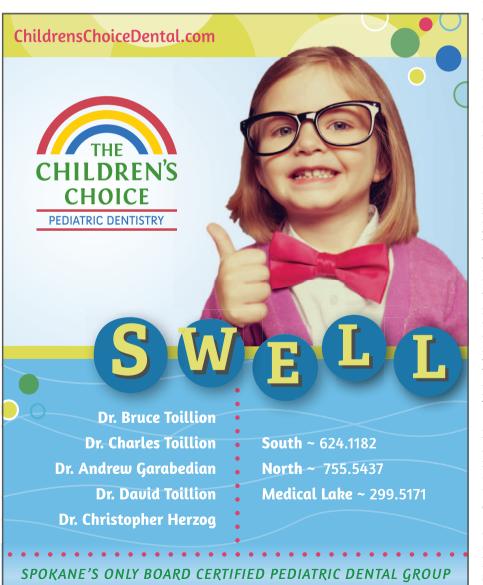
Spokane Public Schools

Summer Express, June 17-Aug. 23, 6:30 a.m.-6 p.m. Full-day licensed child care program for ages 6-12 at Ridgeview and Lincoln Heights Elementary. \$35/day. (509) 354-7312 or www.spokaneschools.org/express.

West Central Community

Center, Summer Youth Programs,
7 a.m.-5:30 p.m., June 17-Aug.
28. Includes a variety of activities including sports, crafts, classes,
karate, fitness, field trips and more.
Fees are scholarships based on family income. (509) 323-7501.

YMCA Summer Programs include Fun Clubs, weekly sessions for grades 1-5, 6:30 a.m.-6:30 p.m. June 17-Aug.30, Riverfront Park and Spokane Valley YMCA, includes activities and field trips. \$172-\$162/



week or \$38-\$35 daily depending on membership. Y Kids Club. grades 1-6, North YMCA, June 17-Aug. 30, 6:30 a.m.-6 p.m., includes arts and crafts, swimming and more. \$149-\$139 weekly or \$34-\$31 daily. Explorers Club, grades K-1, June 17-Aug. 30, Valley, North and Riverfront Park. includes safe, educational programming, \$172-\$162 weekly or \$38-\$35 daily. **Explorers Mini Camp**, grades pre-K-1, 9:30-11:30 a.m. June 24-27, July 8-11, 22-25, July 29-Aug. 1, Aug. 5-8, 12-15, North and Valley. \$60-\$50 depending on membership. Adventure Camp, grades 4-8, Includes camping trips and hikes, Riverfront Park and Valley. Specialty Camps, grades 1-6, weekly sessions at Valley, Central and North locations. Triangle Club for Teens, includes field trips and activities. 777-YMCA or ymcaspokane.org/programs/ daycamps/daycamps/

S.L. Start and Imagine Behavioral and Developmental Services offers summer camp services for children with disabilities starting July 1. Morning and afternoon sessions or both. (208) 762-1250.

Summer Camps at Salvation Army Ray and Joan Kroc Center in Coeur d'Alene include Kroc Pee Wee Camp, weekly half-day program starts June 17, ages 4-5, \$90/week; Kroc Discovery Camp, begins June 17, ages 6-10, \$145/week; Kroc Adventure Camp, begins July 15, ages 11-13, \$160/week; Kroc

Adventure Camp Plus, begins July 8, ages 11-13 and includes Adventure Camp plus an overnight trip. \$170/week. Kroc Film Production Camp, begins June 17, ages 11-13, \$330 for two weeks. Discounts available on all classes with center membership. (208) 763-0608 or www.kroccda.org/ campkroc.html.

Camp Fire Day Camps include Camp Dart-Lo, July 8-12, Session 1; July 8-19, Session AA; July 15-19,



Session 2; July 22-26, Session 3; July 29-Aug. 4 Session 4; July 29-Aug. 9 Session BB, Aug. 5-9, Session 5, grades Pre-K- 12th, 8:30 a.m.4-30 p.m., \$175-\$225 5-day sessions, \$300-350 10-day sessions. **Camp Sweyolakan Outbackers Day Camp**, July 1-5, 8-12, 15-19, 22-26, July 29-Aug. 2, Aug. 5-9, 12-16. Grades 1-6, 8:30 a.m.-4:30 p.m. 5-day sessions \$175-\$225. Sessions 4 and 5 include bus transportation from Liberty Lake and State Line. www.campfireinc.org.

OVERNIGHT-WEEKLY CAMPS

Camp Spalding, on Davis Lake about 45 minutes north of Spokane, offers half-week programs for grades





under 3 free. www. campreed.org (509) 777-9622.

Riverview **Bible Camp** includes **Kids** Summer Camp June 24-28 with "Kingdom" theme, \$205, \$30 late fee after May 31. Middle School and High School Camp July 21-26 "Call of Duty: Summer Ops," \$245, \$30 late fee

2-4; one-week programs for grades 5-12; **family camp** Aug. 14-18; **Mom and Me Overnight** for K-2 plus parent, June 14-15. Cost \$125-425. www.campspalding.com (509) 710-3449.

YMCA Camp Reed, 30 miles north of Spokane on Fan Lake, includes Traditional Camp weeklong sessions June 16-Aug. 10 for grades 3-9, \$355-\$425. Supplemental horse class and trail ride program available the weeks of July 7-13, July 21-27 and July 28-Aug. 3. Horse unit available for ages 11 and over, \$150 for three introductory twohour classes. Trail rides available for ages 10-plus, \$30 for an hour ride. Other programs include **Counselor** in Training June 16-Aug. 10 for boys and girls entering 10th grade, \$525; Mini Camp June 23-Aug. 6, grades 1-2, \$225; Family Camp Long Weekend Aug. 22-25, \$165 per person with discounts for families with more than two attendees, kids

Girl Scout Camp Four Echoes programs run June 23-Aug. 9, Windy Bay, Lake Coeur d'Alene. Visit www.campfourechoes.com for full descriptions, dates and prices. Camp themes include "Survivor Girl," "Wild Water World," "Her Camp," "Adventurers" and more. www.gsewni.org/camp.

after May 31. Full-service camp north of Spokane also available year-round

for groups of all size and ages. www.

riverviewbiblecamp.com

or (509) 844-8325.

Camp NEWA, July 28-Aug. 3, Princess Pines on Lake Thomas. Includes a variety of games and activities for ages 9-14. \$175 or \$150 if paid by July 1. Scholarship available if applied for by June 1. (509) 535-1165, (509) 738-6041 or www.wa-grange.org.

The Mt. Spokane High School Booster ClubInvites you to participate in the 5th Annual"Hoopmania"3 on 3 Basketball TournamentBoys, Girls & Co-ed teams • 2nd – 12th Grades

Saturday, May 18th

For more information visit the schools Athletic Webpage: http://bit.ly/1008P97 Cocolalla Lake Bible Camp, Sunday-Thursday sessions July 7-Aug. 1 at Lake Cocolalla (Between Coeur d'Alene and Sandpoint), recommended ages 7 and up, \$135 for ages 7-12, \$170 teens. (Regular camp is Sunday-Thursday and teen camp is Friday.) www.clbcamp.org/registration.

Salvation Army Camp Gifford,

July 24-Aug. 2, oldest youth camp in Eastern Washington is on 112 acres at Deer Lake and provides a Christian camping experience for ages 7-17. Scholarships available. (509) 329-2732 or salvationarmyspokane.org.

Shoshone Base Camp up the North Fork of the Coeur d'Alene River offers opportunities for ages 8-18 and occasionally their families such as horseback trail riding, whitewater

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rafting, rock climbing and more. Aug. 11-16, \$268-\$365. www.lutherhaven.com.

Ross Point Baptist Camp offers a variety of programs for youth, including My First Camp, June 28-29, age 7 and under, \$29 child \$39 adult; Middler, July 7-10, grades 2-4, \$188; Junior, July 7-12, grades 4-6, \$271; Junior High June 23-28, grades 6-9, \$271; Senior High June 30-July 5, grades 9-12, \$271. (208) 773-1655 or www.rosspoint.org

Camp Fire Camp Sweylokan on Lake Coeur d'Alene includes 2, 4-, 5- and 7-day camps for ages 6-18. "Inni Minni" Two-day camps for grades 1-4, July 20-21, July 23-24 and Aug. 3-4, \$70-\$100; Resident camps, grades 1-12 include 4-day camps July 8-11, and July 29-Aug.

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Camps for K-6 start at just \$140/week

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Camps

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1, \$275-\$375; 5-day camp July 1-5, \$275-\$375; 7-day camps July 12-18, 19-25, Aug. 28-, 9-15 (Gypsy), \$425-\$525. Plus Military Kids Week July 1-5, special military family rate \$187.50 (plus 10 percent discount for all other camps for military families); Sweyolakan Specialty Camps include Discover Teen Theater, July 8-12, \$325-\$425, **Discover** Junior Theater July 12-19, \$425-\$525, Discover Sailing, Aug. 2-8, \$500-\$600; Discover Voyager Aug. 9-15, \$425-\$525. (509) 747-6191 or www.campfireinc.org.

ATHLETIC CAMPS

Showcase Basketball, 9 a.m.-noon July 22-23, HUB Sports Center. Ages 7-17 boys and girls. \$50 per person, \$100 after May 1. (503) 453-7987 or www.showcasebasketball.com.

Basketballforgirls.com Fundamentals Clinics, for girls K-8, April 8-Aug. 12, Mondays and Thursdays 6:15-8:15 p.m., Faith Bible Church, Colbert. \$150 for entire program, pro-rated cost for joining later. One-on-one tutoring available for additional charge. (509) 467-3988 or cudazane@netzero.com

Northwest Baseball Academy

Camps, June 17-20, July 8-11, 15-18, 22-25, Ferris High School, or June 17-20, 24-27, July 8-11, 15-18, Northwood Middle School. Ages 5-14. \$90 per camp, \$80 for two or more from the same family or three or more from same team, \$80 for second week, \$70 for third or \$60 for fourth week, \$80 if sent by June 3. (509) 465-7030 or (509) 939-0757

www.nbabaseballcamps.com



Eastern Washington **University Football Camps** include men's football June 19-22 and June 26-29. Ages 8th gradeentering seniors. Prices \$75-\$310, Quarterback Camp 1 July 25, entering freshmen

and sophomores, \$100 in advance, \$125 walk-up, **Quarterback Camp 2** July 26 for entering juniors and seniors, \$100 in advance or \$125 walk-up, Youth Camp grades 3-8, 9 a.m.noon July 27, \$50 after April 30, \$60 day of camp. www. ewufootballcamps.com (509)359-7463 or tralisa.hogue@eagles.ewu.edu.

Eastern Soccer Camps include EWU Eagle Elite Soccer Camp,

July 8-9, Designed for female high school players with significant varsity and club experience \$160 resident or \$140 commuter. jmorales@ewu. edu, www.ewusoccercamps.com/elitesoccer-camp.cfm or

(509) 359-7949; Goalkeep Camps, July 8-12, Eastern Washington University. Ages 9-14 for Youth Camp and high school age for High School Camp. Youth Camp covers essential skills of goalkeeping. \$110. thageage@ewu.edu or (509) 359-6045.

Eastern Basketball Camps include men's basketball team camps June 20-22, 27-29 and July 12-14. Individual camp is July 22-25 for ages 7-14. ewubasketballcamp@ gmail.com; Women's basketball camps include Elite Academy June 1-2, grades 9-12, \$200 overnight, \$150 commuter; **Position** Skills Camp June 23-24, \$75 overnight, \$50 commuter; Team Camp June 24-26, JV or varsity teams only, at least 8/team. Includes clinics and at least eight games,



\$175/camper overnight, \$500/team commuter; Little Eaglets Camp, July 29-Aug. 2, grades K-5 boys and girls, \$80; Soaring Eagles Camp July 31-Aug. 2, \$80. www. ewuwomensbasketballcamps.com/

Eastern Volleyball Camps

includes individual camp July 9-11, ages 12-18, \$360 resident camp \$235; Team Camp July 15-17. Includes competitions. \$205 for nonresidential teams or \$260 residential teams.

9-15 players. Mini-Eags Volleyball Camp, July 9-11, ages 7-11, \$85. volleyball@ewu.edu or (509) 359-7383

John Means Golf Camps and Schools, 8 a.m.-5 p.m. June 21-23 (adults) and June 16-20 (juniors age 8-18), University of Idaho, Moscow, learn fundaments of golf through a nationally-ranked program. \$395 adults or \$490 juniors, (612) 382-7820 or email johnmeansgolf@aol.com.



YMCA Sports Camps include Y-Winners Multiple Sport

Camp, June 17-27, boys and girls ages 4-6, Mullan Road, Brentwood and Greenacres elementaries. Includes two days of basketball, flag football, soccer and T-baseball. \$92-\$67 depending on YMCA membership. Full-contact Football Skills Camps, 9 a.m.-3:30 p.m. June 24-27, West Valley High School. Helps prepare grades 3-6 for **Grid Kids** football season, with running, receiving, passing, conditioning, stretching, and character development. \$210-\$190 depending on membership; Shock Skills Clinics, grades 1-4 boys and girls, 5:30-7:30 p.m. June 17-19, West Valley High School, includes coaching of no-contact skills by Spokane Shock players, \$50-\$75

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depending on membership; **Shock** Skills Clinics. grades 5-8 boys and girls, 5:30-7:30 p.m. July 22-25, West Valley, \$70-\$100 depending on membership; quarterback clinic with Shock quarterbacks, grades 3-8, 5:30-7:30 p.m. July 15-16, West Valley, \$45-\$60 depending on membership; kicking clinic featuring Shock kickers, grades 3-12, 5:30-7:30 p.m. July 17, West Valley, \$30-\$40 depending on membership. www. ymcaspokane.org or 777-YMCA.

HittingZoneUSA.com's Baseball Camps include Elite Hitting Camp July 8-10, Gonzaga Prep,

\$80; Summer Camp 1 July 15-18, Gonzaga Prep, \$130; Summer Camp 2 July 22-25, Gonzaga Prep, \$130. Ages 9-14. info @ hittingzoneusa.com or (509) 868-2013.

Gonzaga Men's Basketball 2013 Summer Camps



Advanced Skills | July 25-28 Boys entering grades 3-12 next Fall. Tuition: Overnight camper - \$375 Day Camper - \$295

Fundamentals Skills | July 29-31 Boys and Girls entering grades 1-7 next Fall. Tuition: Morning session-\$100 All Day session-\$220

TO REGISTER: www.gonzagabasketballcamps.com • 509-313-3994 Email: basketballcamps@athletics.gonzaga.edu

GONZAGA

WOMEN'S

Summer Gymnastic **Camps** at Spokane Gymnastics include Adventure and Gymnastics Camp, 8 July 22-26 or Aug. 12-16; **Disney Gymnastics** Camp July 29-Aug. 2, Cheer and Gymnastic **Camp**, July 15-19 or Aug. 5-9, ages 3-12. Parkour and Break

Position Camp: June 22-24 Individual Camp: July 7-10 OPEN TO ANY AND ALL AGE GROUPS BETWEEN 5-12 CONTACT MICHELLE CLARK: elliott@athletics.gonzaga.edu or 509.313.4219 REGISTER ONLINE: http://guwb.mycustomeyent.com



Team Camp 1: June 16-19 Team Camp 2: June 22-25 Team Camp 3: July 5-8 CONTACT JODIE KACZOR BERRY: kaczor@athletics.gonzaga.edu or 509.313.4240



1100 S. Garfield Rd. **Airway Heights** (509) 244-7061 mountainviewgymnastics.com







Dance, July 15-19 or Aug. 5-9, ages 6-16. Preschool Gymnastics July 8-12 or Aug. 26-30, ages 3-5. Half day and full-day sessions. Gymnastics Fun Camp July 8-12 or Aug. 26-30, Half-day 8:15 a.m.-12:15 p.m., or 12:30 p.m.-4:30 p.m., ages 6-12. All halfday classes \$125 non-members, \$119 members, full-day classes \$225 nonmembers or \$219 for members, www.spokanegymnastics.com

City of Spokane Aquatic Camps include Aqua Ducks Novice

Swim Team, ages 6-plus, June 17-Aug. 8 at Comstock, Witter or Shadle, \$150; **Dolphin Aquatic** Exploration Camp, ages 10-15, June 17-27 at Comstock or Shadle, July 1-11, Comstock or Shadle, July 15-25 at Comstock or Shadle, July 29-Aug. 8 Comstock or Shadle, Aug. 12-22, Comstock or Shadle, \$60. (509) 625-6200 www.spokaneparks.org.

Gonzaga Girls Basketball

Camps include individual, position, team and shootout camp. **Position** camp runs June 22-24, grades 8-12, day camp \$180, overnight \$300. Individual camp July 7-10, ages 5-12, half-camp \$125, full day \$260, extended full day \$300, overnight \$345. Team camp for high school or summer teams, June 16-19, 22-25 or July 5-8, \$295 per player or \$700



per team (doesn't include housing or meals). Shootout camp June 7-9, \$325 per team. (509) 313-4240 or kaczor@athletics.gonzaga.edu Mt. Spokane Wildcats Sports Camps include girls basketball grades 2-5 10 a.m.-noon June 24-27, \$50, grades 6-9 noon-2 p.m. June 24-27, \$50, grades 10-12 3-5 p.m. or 5-7 p.m. May 28-30 June 3-5, summer



Nike Junior Overnight Golf Camps: **University of Washington, Seattle** University of Idaho/WSU, Pullman

Coed, Ages 10 - 18, All Ability Levels Welcome!

www.USSportsCamps.com

1-800-NIKE-CAMP

league practice 4-6 p.m. June 17-20, \$50. Football grades 5-8 5-6:30 p.m. July 22-26, \$30, grades 9-12 6-8:30 p.m. July 22-26, \$40, gear check-out grades 9-10 4:30 p.m. July 23. grades 11-12 5:15 p.m. July 23. Boys basketball grades 3-6 9-11 a.m. June 17-21, grades 7-9 11 a.m.-1 p.m. June 17-21, \$50, grades 10-12 3-5 p.m. or 5-7 p.m. May 28-31 and June 3-6, \$60; Wrestling grades 1-5 and 6-12 3:30-5:30 p.m. June 3-6, \$50; Summer Lifting and Enhancement for all sports. July 8-15, \$100. Girls grade 9-12 9-10:30 a.m., boys grades 11-12 8:30-10 a.m., grades 9-10 10-11:30 a.m. Volleyball grades 4-6 1:30-3:30 p.m. June 17-21, \$50, grades 7-8 1:30-3:30 p.m. June 17-21, \$50, grades 9-12. 9 a.m.-noon July 22-26, \$60. Tennis grades 3-5 boys and girls 2-4 p.m. June 24-28, \$50,

grades 6-8 boys and girls 4-6 p.m. June 24-28, \$50, **Soccer** girls grades 7-9, 8-10 a.m. June 17-21, \$50, girls grades 10-12 10 a.m.-noon June 17-21, \$50. Cheer and Dance Camp boys and girls grades K-6, 9-11 a.m. June 17-20, \$50. Gymnastic Camp girls grades 9-12, times TBD, June 17-26. \$30. (509) 465-7229 or paul.kautzman@mead354.org.

NBC Camps include Volleyball **Camp** at Whitworth University July 19-23. girls 11-18. \$520. Vollevball Power Camp, July 26-28, girls 4-18, \$265, Intro to Volleyball Junior Day Camp, July 26-28, girls 8-12, \$100, contact norris94@q. com; Competitive Basketball **Camps** at Whitworth University July 12-14, boys and girls age 13-18, \$265, Basketball Team Camp July 15-19, high school girls, \$395, advanced

2013 Summer Day Camps HAVE A BLAST IN LIBERTY LAKE!!



hosted by the City of Liberty Lake. Campers enjoy numerous exciting activities ranging from arts & crafts to sports, swimming, games, field trips and more! Come and learn, grow, and have a fun-filled summer with us at CHILL Summer Day Camp! Field trips to Triple Play, LaserQuest,

Mobius Science Center, Southside Aquatic

Center, Sky High Sports and Splash Down!

Multi-Child Rate: \$1,100 for full summer

727 N. Molter Road in Liberty Lake

Fee: \$1,200 if you register for the full summer (10

Dates: June 17-Aug 23 (10 weeks)

Time: 7:45am to 5:15pm

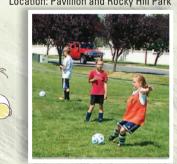
weeks) or \$125 per week

Location: Pavillion Park

Ages: 5 to 11

British Soccer Camps

British Soccer Camps are returning for a 5th year! Join us for mini camp, half day, full day, or goalkeepers camp. Dates: 3/25-5/27 NEW! Mini Kicker; 7/15-7/19 & 8/19-8/23 Ages: 2 to 18 Fees: \$85 first kicks, \$97 mini, \$134 ½ day, \$192 full day, \$134 goalkeeper Location: Pavillion and Rocky Hill Park



Skyhawks Sports Camps

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork and respect.

Soccer Camp: 6/17-21, 8/12-16 - \$135 Mini-Hawk: 7/08-12, 8/12-16 - \$115 Basketball Camp: 8/05-8/09 - \$135 Volleyball Camp: 7/29-8/02 - \$115 Locations: Pavilion Park, Rocky Hill Park and the **HUB Sports Center**

Michelle Griffin, Parks & Recreation Coordinator

City of Liberty Lake, 22710 E Country Vista Dr, Liberty Lake, WA 99019 Phone: 509-755-6726; Fax: 509-755-6713 Email: mgriffin@libertylakewa.gov http://www.libertylakewa.gov/recreation/

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basketball skills, July 15-19, high school girls, \$395, junior basketball July 16-19, boys and girls 8-11, \$410, Basketball Camp, July 16-19, boys and girls 8-11, \$410, Basketball Camp July 28-Aug. 1, boys and girls 9-18, \$520, Basketball Position Camp Aug. 2-4, boys and girls 12-18, \$265, Family Hoop Camp July 13-14, adult and child pair. (email Jennifer@nbccamps.com for more details), Junior Basketball Day Camp Aug. 5-9, The Warehouse, boys and girls 8-12, \$245, Rookies Basketball Camp 1 July 8-10 and July 29-31, The Warehouse, boys and girls 6-9, \$95, Rookies Basketball Camp 2 July 15-17 and Aug. 12-14, The Warehouse, boys and girls 6-9, \$95, Basketball Camp June 24-28, Upper Columbia Academy June 24-28, boys and girls 9-15, \$490, Position Specific Camp July 8-12, Upper Columbia Academy, boys and girls 11-18, \$490, Pure Shooting/ Offense Camp July 15-19, Upper Columbia Academy, \$490, All-Star and Elite Camp, Aug. 5-9, Upper Columbia Academy, boys 13-18, \$495, Basketball Camp, North Idaho College, July 22-26, boys and girls 9-18, \$520 (email danny@nbccamps. com) For the other basketball camps contact jfazio@nbccamps.com or 800-406-3926/(509) 466-4690 or www.nbccamps.com.

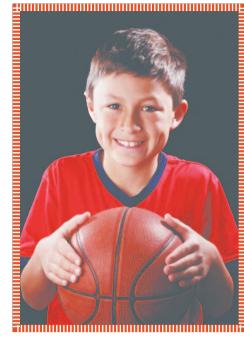
DAY & OVERNIGHT OPTIONS

Advertising Supplement to S-R Media/The Spokesman-Review, Wednesday, April 24, 2013

City of Spokane Parks and **Recreation Kidsports Summer** Classes include Hoopster Tots Grasshoppers I, ages 20-30 months, June 19-Aug. 28 Thornton Murphy Park, \$130; Hoopster Tots Grasshoppers II, age 2, June 19-Aug. 28, Dwight Merkel, \$120; L'il Sluggers Hall of Fame, age 5, July 30-Aug. 20, Sky Prairie Park, \$130; L'il Sluggers Majors II, ages 4 ½-5 July 30-Aug. 20 Sky Prairie Park or June 19-Aug. 28 Thornton Murphy Park, \$130; L'il Sluggers Minors, age 3, July 30-Aug. 20, Sky Prairie Park, 130, or June 19-Aug. 28 Dwight Merkel, \$130, or June 20-Aug. 8 Franklin Park, \$104; L'il Sluggers Minors 2 ages 42-48 months, July 30-Aug. 20, Sky Prairie Park, or June 19-Aug. 28 Thornton Murphy Park. \$30: L'il Sluggers Mascots, ages 2, June 20-Aug. 8, Franklin Park, \$104; Soccer Tots Cubs ages 3 ¹/₂-4, July 30-Aug. 20, Sky Prairie Park, \$120, June 19-Aug. 28, Thornton Murphy Park, \$96, June 18-Aug. 20 Dwight Merkel June18-Aug. 20, \$120; Soccer Tots Cubs II, ages 4, June 19-Aug. 28 Dwight Merkel or Thornton Murphy, \$120; Soccer Tots Koalas, age 3, June 19-Aug. 28 Dwight Merkel, \$120, June 19-Sept.

Aug. 8, Franklin Park, \$96; Soccer Tots Teddies age 18-26 months, June 19-Aug. 28, Thornton Murphy Park, \$120. Soccer Tots Teddies II, ages 24-36 months, June 18-Aug. 6, Sky Prairie Park or Thornton Murphy Park, \$120, or June 19-Aug. 28 Dwight Merkel, \$120, or June 20-Aug. 8 Franklin Park, \$96; Summer Soccer Tots Bears, ages 5-6, June 19-Aug. 21, Thornton Murphy, \$120, July 30-Aug. 20, Sky Prairie Park, \$120, June 19-Aug. 21 Dwight Merkel, \$120, June 20-Aug. 8 Franklin Park \$96. Extreme Sports Day Camp agues 6-8 and 9-12, June 24-28, Dwight Merkel, \$135. www.spokaneparks.org

Seattle Sounders FC Summer Soccer Camps, June 10-14 Post Falls High School (ages 7-15 during day, ages 14-18 in evening) half day



CAMP SPALDING









Trend Alert for 2013

We wave a fond farewell to the warm colors that gave us comfort and warmth during cold wintry days. The sunshine of spring rushes in to rescue us from the dark. Forecasters have shared their favorite colors for this season and the new year.

They ask us to decorate with brilliant colors of the wild. Emerald blues and bright leafy greens play with softer grays and browns. Blues of the sea and even a darker blue collide with the warm wintry hues. Add a bit of electricity with a bright eye catching lime.

Animals and the world in which they prowl dominate this year's design. Invite your favorite creatures to come into your home this season. Your room might roar like the king of the jungle or whisper like the wings of the gentle butterfly.

Creating the mood

Choose colors and pile layers of textures to create a look that is uniquely yours.

An owl figurine perches on an end table. A richly colored, thickly woven throw draped over a couch adds color and texture. Eclectic pillows decorated with a favorite animal motif or pattern of beautiful bright colors are tossed about the room.

Horses, a favorite breed of dog or even whimsical barnyard animals sit as bookends in your study. A beautiful vase of a pottery blue is stuffed with hydrangeas-- colors that would ruffle a peacock's feathers.

Tablecloths and candles transition even the finest dining. Textured fabric works with this season's colors to create evenings to remember. Candle stands made of wood or metal add texture to your table top.

A corner wood table showcases a bottle lamp with a bright colorful shade. Urique textures invite bright colors to create an imaginative composition.

This season try something new. Have fun. Be daring. Accent a room with colors and textures that reflect your family's personality.

Crystal Walker McDaniel

Spokane 15 E. Boone Ave. Spokane, WA 99202 509.326.1600

Spokane Valley 14214 E. Sprague Spokane Valley, WA 99216 509.928.2485

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> www.walkersfurniture.com www.walkersmattress.com

12

\$160, full day \$230, high school workshop \$200; June 17-21, Dwight Merkel, half-day ages 4-15 \$160, full day ages 7-15, \$230. www.soundersfc.com/youth.

Skyhawks Youth Programs

include golf. ages 5-8 June 17-21. Lincoln Park or Chester Elementary, or June 24-28, Franklin Park, or July 15-19, Pacific Park, \$115. Volleyball, ages 8-12, June 24 Sacajawea Middle School; July 22-26 Chase Middle School: or July 28-Aug. 2 HUB Sports Complex, \$115. Cheerleading, ages 5-10, June 16-21 or July 15-19, Chase Middle School, \$115. Multi-sport Camp, ages 6-12, June 17-21 Chase Middle School or Dwight Merkel Sports Complex; June 24-28, July 8-12 and July 22-26 Dwight Merkel; July 22-26 Pavilion Park; July 29-Aug. 2 Mullan Road Elementary; Aug. 5-9 Shadle Park or Dwight Merkel; and Aug. 12-16 Dwight Merkel, \$135. Soccer, ages 6-12, July 17-21 Pavilion Park; June 24-28 Ferris High School or Dwight Merkel; July 15-19 Chenev Middle School or Nine Mile Falls Elementary; July 22-26 Chase Middle School, Pasadena Elementary or Otis Orchards Elementary; July 29-Aug. 2 Dwight Merkel; Aug. 5-9 Chase Middle School or Trent Elementary; Aug. 12-16 Northwood Middle School. Franklin Park or Pavilion Park, \$135. Evening soccer programs

<u>____________________________________</u>



Advertising Supplement to S-R Media/The Spokesman-Review, Wednesday, April 24, 2013

July 5-Aug. 9, Chase Middle School or Glover Elementary, \$64. or July 3-Aug. 7 Comstock Park, \$64. Basketball, ages 7-12, June 17-21 Browne Elementary, Chase Middle School or Trent Elementary: June 24-28 Nine Mile Falls Elementary, Moran Prairie Elementary, Pasadena Elementary or Mt. Spokane Church; July 8-12 Otis Orchards Elementary or University Center; July 15-19 Browne Elementary, Indian Trail Elementary or Chase Middle School: July 29-Aug. 2 Mt. Spokane Church: Aug. 5-9 Chase Middle School or HUB Sports Complex, \$135. Mini-Hawks, ages 4-7, June 17-21 Indian Trail Elementary or Chase Middle School. \$115; June 24-28 Moran Prairie Elementary, \$115; July 8-12, Woodridge Elementary, Mullan Road Elementary, Pavilion Park or Pasadena Elementary, \$115; July 15-19 Mt. Spokane Church, Chase Middle School, both \$115, Otis Orchards Elementary, \$109, Prairie View Elementary, \$115, or Trent Elementary, \$109; July 22-26 Evergreen Middle School, \$115: July 29-Aug. 2 Mullan Road Elementary, \$115; Aug. 5-9 Chase Middle School, \$115; Aug. 12-16 Jefferson Elementary or Pavilion Park, \$115. Baseball, June 24-28 Moran Prairie ages 6-12, \$115; July 2-Aug. 6 5:30-6:15 or 6:30-7:15 p.m. Comstock Park, ages 4-6, \$64; July 11-Aug. 15 5:30-6:15 p.m. Glover Middle School, ages 4-6, \$64 or \$65; July 29-Aug. 2, Audubon Park, ages 6-12, \$115. Flag football, ages 6-12, July 8-12, Dwight Merkel, \$135; July 15-19 Chase Middle School, \$135:

July 29-Aug. 2 Nine Mile Falls, \$109. Tiny Hawk Summer **Camp** June 17-21, 24-28, July 15-19, Aug. 9, Chase Middle School, July 8-12 at Mullan Road Elementary or Woodridge Elementary, July 29-Aug. 2 at Ridgeview Elementary, Aug. 12-16 at Jefferson Elementary, \$54; QuickStart Tennis: Comstock Park June 17-21, July 1-5, 8-12, 22-26, July 29-Aug. 2, Aug. 12-16. Or Shadle Park June 24-28, July 15-19, Aug. 5-9. ages 4-7, \$54, ages 8-10, \$79, ages 11-12, \$79. www.skyhawks.com.

Spokane Racquet Club Summer Tennis Camps weekly sessions June 17-Aug.

9, including two-hour Quick Start for 10 and under/elementary, 10 a.m.-noon, \$140; three-hour junior high/middle 12:30-3:30 p.m., \$170; three-hour JV-varsity high school, 9:30 a.m.-12:30 p.m. and 12:30-3:30 p.m., \$195. (509) 535-1239 or www. SpokaneRacquetClub.com. PGA pro Kathy G. Jensen offers group classes for adults and juniors 11:30 a.m.-12:30 p.m. June 18-July 16, Indian Canyon (juniors), \$75. Adult lessons are May 9-June 6, June 1-29, July 11-Aug. 15. July 13-Aug. 10 (Get Golf Ready 2 Intermediate/Advanced), \$149. (509) 998-2303 or www.KGJgolf.com/lessons/groups/.

Mountain View Gymnastics Summer Camps in Airway Heights include Cheerleading Camp June 24-28, Gymnastics Camp July 8-12, Dance Camp July 29-Aug. 2 and Gymnastics Camp Aug. 5-9. Full-day and half-day sessions available. Full day \$125/week, halfday \$75/week, multiple discounts available. (509) 244-7061 or www.mountainwviewgymnastics.com.

Mead High School's Summer Camps include boys basketball, grades 9-12 6-8 p.m. June 10-14, \$50, June 20-21 and 24-27 grades 4-6 noon-1:30 p.m. and grades 7-8 1:30-3 p.m., \$60; girls basketball June 17-20, grades 4-8 8-10 a.m., grades 9-12 10:15 a.m.-12:15 p.m., \$50; incoming 5th-7th football camp. 5:30-7 p.m. May 28-30, \$80; incoming 8th grade football, 8-9:30 a.m. June 17-21, \$100; incoming 9th grade football 10 a.m.-noon June 17-21. \$200; football camp grades 10-12 3-6 p.m. May 28-31, 2:30 p.m. June 3-5, and June 17-21, plus conditioning all summer, \$300; gymnastics, June 17-21, Mead team 9-10 a.m., advanced 10 a.m.-noon, beginner 10:30 a.m.-noon. \$45 beginner, \$60 advanced. \$30 returning high school and incoming 9th grade for Mead team; boys soccer June 24-27, 9-11 a.m. grades 8-12, \$50; girls soccer July 22-25, 9-11 a.m. grade 9-12, \$75 blue registration (camp plus showcase), \$50 gold registration (camp only); volleyball July 22-24, grades 9-12 8-10 a.m. and 7-9 p.m. Monday and Tuesdays, grades 7-8 10 a.m.-noon, grades 3-6 12:30-2:30 p.m., \$50 grades 9-12, \$40 grades 3-8; wrestling June 2-6, grades 1-12 3-5:30 p.m. and 5-7:30 p.m., \$50. (509) 465-7002.

Ferris High School Athletic

Camps include **girls basketball**, June 24-28, grades 2-6 4:30-6 p.m. \$35, grades 7-9, 3-4:30 p.m., \$35; **boys basketball** grades 9-12 May 28-31, \$40, grades 6-8 10 a.m.noon June 17-20, \$40, grades 3-6, 8-10 a.m. June 17-20, \$40; **girls**



soccer, grades 9-12, 10:15 a.m.-noon July 22-26, \$40, grades 7-9 10:15 a.m.-noon June 17-19, \$40; **Saxon Football Camp** (boys), grades 3-8, 10 a.m.-noon June 24-27, \$40; **girls volleyball**, grades 1-6, 11:45 a.m.-1 p.m. June 24-28, \$35, grades 7-12, 9-11:45 a.m. June 24-28, \$45;

Freshmen football, grade 9, 3:30-5:30 p.m. May 28-30 and June 3-6 and 8 a.m.-noon June 15, \$100; Football weights and conditioning,

grades 10-12, 7-9 a.m. June 24-July 31, \$100, grade 9 12-1:30 p.m. June 24-July 23, \$100; **Junior Saxons All-Sports Camp**, grades 3-6, 10 a.m.-noon July 8-9, 15-16, 18, 22-23, 25, 29-30, \$50; **Slowpitch softball**, grades 7-12, 9-11:45 a.m. June 24-25, free; **girls weights and conditioning**, 8:30-10 a.m. June 17-July 31, \$50. (509) 354-4650

Cheney High School Summer Camps include boys basketball, 9-11 a.m. June 17-21, grades 9-12,

\$30; 9:30-10:30 a.m. June 24-27, grades 1-4, \$30; 10:45 a.m.-12:15 p.m. June 24-27, grades 5-8, \$30, email joels@spokaneschools.org. **Girls basketball** 1-2:45 p.m. June 17-21, grades 6-8, \$30; 3-5 p.m. June 17-21, grades 9-12, \$30; 1-2:45 p.m. June 24-27, grades 1-5, \$30, email jtmissel@ cheneysd.org. **Cross-country** June 26-29, grades 9-12, Flathead Lake, \$175, jmartin@cheneysd.org. Football Camp, 3:15-5 p.m. June 3-6, Cheney High School, grades 9-12, \$25; 9 a.m.-6 p.m. June 19-22, EWU Football, \$200, jwilliams@cheneysd. org. Volleyball Camp, 9-10:30 a.m. July 15-19, grades 1-6, \$30; 10:30 a.m.-2 p.m. July 15-19, grades 7-8, \$30; 1-3 p.m. July 15-19, grades 9-12, \$30, jtmissel@cheneysd.org. Weight lifting. 7-9 a.m. June 17-July 31. grades 8-12, \$50, ccone@cheneysd. org. Wrestling, 6-7:30 p.m. June 10-13, grades K-12, \$20, 9 a.m.-4 p.m. June 27-July 1, grades 9-12, North Idaho College, \$250 commute or \$350 resident, jtmissel@cheneysd.org. (509) 559-4000

Rick Riley's Youth Cross Country Camp, 9-11 a.m. Aug. 5-9, ages 6-15. Program offers worldclass training for young runners, including how to train and race effectively. \$85 per person or \$60 for additional family (509) 467-1007 or rickscoaching@hotmail.com

Nike Golf Camps take place July 7-11 and Aug. 4-8, University of Washington, Seattle, ages 10-18, co-ed, \$1,145 extended day or \$1,245 overnight; June 23-27 Washington State University and University of Idaho, \$545 day or \$895 overnight, ages 10-18 co-ed; Eagle Crest Resort, Redmond, Ore., Aug. 4-8, extended day \$925, overnight \$1,125, ages 10-18, co-ed. Visit www.ussportscamps. com for camps or email golf@ ussportscamps.com for more info.

Mike Thompson Soccer Camps,

9-11:30 a.m. June 24-27 and Aug. 5-8, in Coeur d'Alene. Ages 5-12, includes boys and girls. Includes technical soccer skill development. Sessions provide opportunity for players of all levels to improve their skills. All campers receive a shoe bag. \$80. nidscoccer@gmail. com

St. George's Athletic/Physical Camps include boys basketball, 1-4 p.m. June 10-14, grades 6-12, \$125; girls basketball, 12:30-3:30 p.m. June 10-14, grades 6-12, \$100; kids basketball, 9 a.m.-noon June 11-14, grades K-5, \$100. Dragon Cross Country, 9 a.m.-noon June 18-22, grades 5-12, \$100; Positional volleyball clinics, June 24-27, 9-11 a.m. (grades 7-8), noon-2 p.m. (grades 9-12), \$50 each sessions or \$150 for four; The "Complete" Volleyball Player Camp, July 8-12, 9-11 a.m. grades 7-8, noon-2 p.m. grades 9-12, \$180.

Soccer Camp I, 9 a.m.-noon July 15-19, grades 1-5, \$325; Soccer Camp II, 9 a.m.-noon July 15-19, grades 6-12, \$125; SAQ/Vertical Jump Development, 10 a.m.-1 p.m. July 9-11, grades 7-12, \$60. Middle School Adventure camp, 12:30-4 p.m. Aug. 12-16, grades 6-8, \$150; SGS Student Soccer, 1-3 p.m. July 29-Aug. 2, grades 3-6, \$50. www.sgs.org/summer Next Level Basketball Camps,

9 a.m.-noon June 21-Aug. 14, Emmanuel Center, Spokane. Camps focus on skills progression, speed and agility. Each camp limited to 20 players. \$25/session. June 19-21 for grades 4-6, June 24-26 grades 6-8, July 8-10 grades 4-6, July 15-17 grades 6-8, Aug. 5-7 grades 4-6, Aug. 12-14 grades 5-8. Also **Friday shooting clinics**, \$5/session, 5:15-6:15 p.m. grades 4-6, 6:15-7:15 p.m. grades 7-high school. **Sunday Skills Clinics**, \$5/session. 2-3:30 p.m. grades 4-5, 3:30-5 p.m. grades 7 and high school girls, 5-6:30 p.m. high school boys, 6:30-8 p.m. high school boys. Nextleveloconnor@ comcast.net or (509) 991-0950

or nextlevelchamps@yahoo.com (509) 230-6465. www.eteamz.com nextlevelchampsspokanewa/.

North Idaho College Athletic Camps include "The Cardinal Combine" Men's Soccer Camp, 8 a.m., 1 p.m. and 6:30 p.m. July 7-10, boys ages 13-15, \$250 commuters or 6205 pacidonts. Kathempage 2650

\$295 residents. Kathompson265@ nic.edu or (208) 676-7157. "The Cardinal Combine" Women's Soccer Camp 10 a.m., 3 p.m. and 6:30 p.m. July 7-10, high school age girls, \$250 commuters or \$295 residents. dwhogan@nic.edu or (208) 769-5952. Boys Basketball Camp, June 17-20, all ages, \$80 half day, \$125 full-day. (208) 769-5975 or jared_phay@nic.edu; Girls Basketball Camp, June 10-13, grades 3-12, includes programs in comprehensive fundamentals (grades 3-7), guard-post play (grades 7-12), and **shooting** (grades 6-12), \$75 one camp or \$125 two camps or two girls. (208) 769-3347 or chris_carlson@nic.edu; Girls/Boys Basketball Camp, July 15-18, \$80 half day or \$125 full day. Chris_ carlson@nic.edu or jared_phay@ nic.edu; Wrestling Camps, June 22-26, June 27-July 1 and July 7-10, grades K-12, boys and girls. First **two camps** \$395, **Camp 3** is \$295 (Commuters \$250) (208) 769-7870.



Also offering Retreat & Conference Facilities.

Volleyball

Camps include Youth Skills

31-Aug. 1, grades 9-12,

all camp details.

Camp, July 29-30, grades 5-8, \$85;

and Advanced Skills Camp, July

\$180. Contact Kelsey Stanely (208)

769-3218 or Miles Kidd, (208) 769-

3349. Visit www.nic.edu/athletics for

North Idaho College Outdoor

Camps include Youth Adventure,



June 24-28, ages 12-16, Includes rock climbing, kayaking, paddleboarding, rafting, sailing and hiking. \$250;

Youth Sailing, July 15-19, ages 12-16. \$250. (208) 769-7809 or www.nic.edu/wft.

Peak 7 Adventures, July 15-19, includes backpacking through wilderness areas, learning navigation, Leave No Trace and 10 Essentials. Ages 12-18, \$250. (509) 252-0775 or (509) 467-5550

Valley Youth Soccer Summer Camp, 9-11 a.m. or 9 a.m.-noon July 8-Aug. 5, ages 4-12, and advanced camp option for 8 and older, \$50/ week. valleysoccer@gmail.com.

Spokane Junior Soccer Summer Camps, 9-11 a.m.- or 9 a.m.-noon July 8-Aug. 5, ages 4-12, with advanced options for 8 and older, Shaw Middle School (North Side) or Sacajawea Middle School (South Hill), \$50/week. spokanesoccer@gmail.com or (509) 747-5017 Elite Flyers Cheer Camp, 9 a.m.-12:30 p.m. June 24-28, grades K-8, \$90, cassi.eliteflyers@gmail.com

Premier Mitts Baseball Camps,

June 24-27, July 8-11, July 15-18, July 22-25, Gonzaga Prep, Mt. Spokane High School and West Valley High School. Specialized infield camps for ages 15 and under, \$115-\$145. (509) 863-4605 or www.premiermittsinc.com

ARTS CAMPS

Jim and Joan Becker and The Lion's Share Theatre offer **Summer Drama Camps: "Chronicles of Narnia: The Last Battle,"** June 17-21, 9 a.m.-12:30 p.m., and **"Peter Pan"** July 8-12, 9-12:30 p.m. Each camp is \$95 plus a \$5 materials fee. Snacks are included. (509) 3278-1113, email drjimebecker@gmail.com or www.lionaround.org.

Northwest Museum of Arts and Culture "Get Messy at the MAC" Art Camp, 9 a.m.-4 p.m. July 24-26, July 31-Aug. 2, Aug. 7-9. Ages 5-13 can create artwork, explore the museum and learn about the campus. \$120 members, \$140 non-members. cara.spink@ northwestmuseum.org or www.northwestmuseum.org.

Summer classes at TINCAN

for ages 12-18 include Video Game Bootcamp, July 8-19, no development experience required, \$230; App Camp, July 29-Aug. 2, \$115; Film Camp, Aug. 5-16, \$230. www.tincan.org or (509) 744-0972. Arts/Craft Activities at St. George include Harry Potter Camp, 9 a.m.-noon July 8-12, grades 2-5, \$175; Pirate Adventure Camp, 12:30-4 p.m. July 8-12, grades 2-5, \$150; Kids in Motion, 9 a.m.-noon July 29-Aug. 2, grades K-2, \$125.www.sgs.org/summer.

Summer Arts for Youth, June 18-20, 25-27, July 9-11 and 16-18, Harding Family Center, Coeur d'Alene, ages 5-15. \$30 registration, www.cdaid. org, (208) 676-9132 or yrbenz@verizon. net.

Clearwater Arts Camp, July 14-20, Camp Spalding at Davis Lake, about 45 minutes north of Spokane. \$435 (509) 710-3449.

CAMP

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- Enrichment Activities
- Teen Programs
- Camp outs
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CAMP REED IS CALLING UnPlug and Join the Fun!

Jump feet first into your best summer ever at the YMCA's Camp Reed and discover why everyone says, "**It's the Best!**"

From swimming to overnight hikes, scavenger hunts to new friendships --Camp Reed brings kids back to the simple fun childhood memories are made of.

Register TODAY! Space is Limited 777 YMCA (9622) • campreed.org the



Sandra Olgard's Studio of Dance Summer Camps include June Princess/Prince Ballet Camp, June 17-27, 9 a.m.-9:45 Monday and Wednesday for ages 3-5, \$45 or Tuesday-Thursday ages 6-8, \$45; July Princess/Prince Tap Camp, July 15-18, 2:15-3 p.m. ages 3-6, \$40; August Pricness Ballet Camp, Aug. 12-15, 9:15-10 a.m. ages 4-7, \$40, Princess/Prince Tap, Aug. 12-15, 2:30-3:15 p.m., ages 4-7, \$40. Plus "Dance is Fun", June 15-25, and/or July 15-25 and Aug. 7-15, ages 8-18. (509) 838-7464 or email

COST: \$230

seolgard@msn.com. Registration and full schedule can also be found at www.sandraolgardsstudioofdance. com

Julie's Competitive Edge Dance Academy's Summer Camps include Prince/Princess Dance, Tap/Ballet Musical Theatre, 10 a.m.-1 p.m. June 3-5 and July 8-10, and 4-7 p.m. July 29-31, ages 4-5, \$75; Hip Hop./Jazz Camp, 10 a.m.-2 p.m. June 17-19, ages 5-7, \$90; Hip Hop/Jazz Camp, 1-4 p.m. July 17-20 (ages 11 and under), 5-8 p.m. July 17-20 (ages 12 and up), noon-

COST: \$230



COST: \$115

3 p.m. July 22-25 (ages 8-10), and 4-7 p.m. July 22-25, ages 11 and up, \$90 all ages; **Tap/Jazz/Musical** Theatre Camp, 10 a.m.-2 p.m. June 17-19, ages 5-7, \$90; Cheer/Hip Hop/Jazz Camp, noon-3 p.m. June 24-27, ages 7-11, 4-7 p.m. June 24-27, ages 12 and up, 4-7 p.m. July 8-11, ages 10-13, \$90; Lyrical/Jazz/ Turns and Progressions, noon-3 p.m. July 15-18, ages 10 and under, or 4-7 p.m. July 15-18, ages 11 and up, \$90; Aero Gymnastics Camp FAST Class, July 8-10, 2-5 p.m. ages 9 and under, 5:30-8:30 p.m. ages 10 and up; Ballet Intensive, June 17-20, noon-3 p.m. 10 and under, or 4-7 p.m. 11 and up, \$120. www.iceda.com.

WSU Cougar String Camp,

June 23-28, Pullman. Grades 7-12. Students should have played at least three years. The program includes an **advanced and intermediate orchestra** and various levels of **chamber groups.** \$435 resident or \$300 commuter. http://libarts.wsu. edu/music/camp/csc/

Corbin Kids Fine Arts and Craft Summer Camps at Corbin Art Center, includes half-day campus for ages -3-5, and Youth Specialty Camps ages 6-11. www. spokaneparks.org or (509) 625-6200.

Academy of Dance Summer Workshops include Workshop 1, 10:15 a.m.-2:30 p.m. July 8-26, ages 8-12 with minimum of two years of ballet training required, Workshop 2, 10:30 a.m.-3 p.m. July 8-Aug. 2, ages 12 and up, minimum of three years ballet training and pointe work required. Prices vary. (509) 922-3023. CDA Summer School of Piping and Drumming, July 27-Aug.4, North Idaho College. Learn bagpipes and drums, \$425. http://csspd.com/index.php or email johndhale@hotmail.com

YMCA Arts Camps for teens include "School of Rock" 11 a.m.-4 p.m. Aug. 19-23, ages 12-18, North Spokane YMCA. Open for musicians of all skill levels who play guitar, bass, drums, keyboards or vocals. Students learn about live performance, songwriting, recording, music theory, music appreciation, and perform a live show. \$100-\$85 depending on YMCA membership. Summer Break Film Camp, June 24-28 (North), July 8-12 (Central), Aug. 5-9 (North), Aug. 19-23 (Valley) ages 12-18 can learn about making movies, commercials, music videos, and editing software. \$100-\$85 depending on YMCA membership. ymcaspokane.org/programs/teens. 777- YMCA (9622) ext. 315.

Drama Summer Camp, 9 a.m.-3 p.m. June 17-21, Coeur d'Alene High School, ages 6-18. Students will learn modern theatre techniques and also put on a performance June 21, "Bakersfield's 100th Anniversary", grades 1-5. 7:30 p.m., and "The Green Show", 6 p.m.. \$140 tuition. www.northidahotheatre.org or (208) 769-2299

Paint In My Hair Boutique Furniture Painting & Craft

Camp, July 15-18 and Aug. 12-15. Classes for ages 13-18 at this Spokane location include painting shabby chic furniture, making jewelry, crafting paper flowers and multimedia art journals. \$265. Single day classes available for all age groups. www. paintinmyhairboutique.com/ calendar-2/ (509) 326-6999.

Summer Programs at Interplayers include "Murder Mystery Theatre Camp", June 17-28, performance of "Sorry, Wrong Number!", at 7 p.m. June 28 at Interplayers, 11 a.m. and 7 p.m. at Interplayers, grades 4-8; "Not Your Parent's Shakespeare Camp", July 8-19, grades 4th-high school. Includes performances of "Zombeo and Juliet", 7 p.m. July 19 and 7 p.m. July 20 at Interplayers, or 11 a.m. July 20 at the MAC Amphitheater. **Pre-camp tour of** MAC SPOMO exhibit 3-4 p.m. July 7: "The Comedy and Absurdity of the Melodrama Camp", 9 a.m.-12:30 p.m. Aug. 5-16 with tour of Campbell House 3 p.m. Aug. 4 and performances 7 p.m. Aug. 16 and 17 at Interplayers and 11 a.m. Aug. 17 at the MAC Amphitheatre. \$195 morning or afternoon sessions for any of the three programs, or \$295 for all day for each program. (includes 2-for-1 pass to MAC exhibit). (509) 455-7529 or email boxoffice@ interplayerstheatre.org.

Inland Northwest Ballet Summer Camps feature Cinderella, Swan Lake or Coppelia, weeklong sessions July 9-11, July 16-18, July 22-25, ages 3-8. Snacks provided. **Ballet, tap** and jazz classes available in July. Ongoing ballet, pointe and contemporary classics camp for levels 4-6 take place in July, which include ballet history, French terms, pointe shoe artwork.

Summer Ballet Intensive workshop in August includes Peggy Goodner. (509) 467-0765.

St. Stephens Summer Theater Workshop, 10 a.m.-3 p.m. July 31, Aug. 1-2, 5-9, St. Stevens Episcopal Church, Spokane, ages 7-17. Teaches basics of theater to people with different skills, including singing, dancing, and acting. \$125 (509) 448-0854 or ctevenan@msn.com.

DanceCenter of Spokane's "Summer Dance 2013" includes Kids Dance Camp with daytime classes for ages 8-12 beginning with **Dazzling Disney** (ballet/jazz) June 24-27, Under the Sea (ballet/ tap) Aug. 12-15, **Dazzling Disney** (ballet/jazz) Aug. 19-22. Ages 7-10 daytime classes include **Advanced** Kid's Dance Aug. 12-15 and 19-22. Evening classes include Shake it Like a Pom-Pom (hip-hop/ cheer), ages 5-8, July 8-11; We Like to Party (jazz/hip-hop), ages 5-7 and 8-12, July 15-18; Pirates and Mermaids (ballet/jazz), ages 3-6, July 22-25; Musical Theatre with tap (Tap production), ages 6-11, July 29-Aug. 1, \$85. Small Fry Jazz Intensive, Aug. 5-8, ages 6-9, \$90. Teen programs (12 and up), include **Jump and Jive** June 17-20, Simply Ballet, June 24-27, Musical Theatre with Tap, July 8-11, Dance Conditioning/ Tumbling, July 8-11, Simply Ballet, July 15-18, Dance Conditioning/Contemporary, July 29-Aug. 1, \$90 apiece or \$225 for three weeks. Summer Dance Intensive for 11 and older. Aug. 12-15 or 19-22, \$150/week or \$275 two weeks. Jazz Intensive, Aug. 5 for ages 6-18 includes classes in jazz, lyrical, contemporary and musical theatre. Small Fry, ages 6-10, \$90 or \$25 a day, **Level 1-3** \$250 or \$65/ day. Tap with Dave, Aug. 9, \$25/ class. Adult classes include Ham it Up! (tap), Be a Dancer (ballet/modern dance.) www.dancecenterofspokane.com.

Advertising Supplement to S-R Media/The Spokesman-Review, Wednesday, April 24, 2013

Spokane Civic Theatre Summer Theatre Camps, June 17-Aug. 16, grades Pre-K-12, morning and afternoon sessions, \$65 to \$205. www.spokanecivictheatre.com or (509) 325-2507 ext. 406.

ACADEMIC CAMPS STCU My Life My Money

Camps, open to 6th-8th graders, 9 a.m.-noon June 18 Mead Boys and Girls Club; 9 a.m.-noon June 20 Mobius Science Center; 9 a.m.noon June 26 Hayden (Idaho) Library. Free. www.stcuteens. org/camp or (509) 344-2204

Washington Business

Week, July 7-13, Gonzaga University, offers instruction in business and health care opportunities for high schoolage students. \$455. www.wbw.org. Priority registration ends May 1. Mobius Science Center offers two-day and one-day science classes through summer. All classes 10 a.m.-3:30 p.m. Weeklong programs begin June 25 and are \$175 members, \$200 nonmembers. Day camps begin July 5 and are \$35 members and \$40 nonmembers. Two-day camps begin June 25-26 and are \$70 members and \$80 nonmembers. Contact the organization for a particular camp theme or recommended ages. (509) 321-7133 or mobiusspokane.org.

Camp Invention, weeklong program for grades 1-6 inspires creativity and inventive thinking. Windsor Elementary June 17-21 8:30 a.m.-3 p.m.; \$225 or \$220 online; Moran Prairie June 24-28 9 a.m.-3:30 p.m. \$220 or \$215 online; Five Mile Prairie June 24-28 9 a.m.-3:30 p.m., \$220 or \$215 online. North Idaho Camps include Ramsey Magnet School of Science, Coeur d'Alene, June 17-21, \$220 and \$215 online. 9 a.m.-3:30 p.m.; Forrest M. Bird Charter School, Sandpoint, June 24-28, \$220 and \$215 online. \$220 with discounts available. www.campinvention.com.

Satori Camp, July 21-27, Eastern Washington University, designed for high school and junior high students who have a passion for academics. sartoricamp@ewu.edu or (509) 999-8363/359-6267. Lego Robotics Summer Camps, 9 a.m.-2:30 p.m. June 17-21 and June 24-28, Westminster Congregational UCC Church, downtown Spokane. Open to Builders, grades 1-3, and Engineers, grades 4-6. The June 17-21 program is



"Mission to Mars" with the goal of creating the first base on Mars and exploring the planet. June 24-28 program is "Lego Challenge/FLL Challenge." Both programs include a parent gathering 2-3 p.m. on Fridays. \$120/week. www.discoveryschool.org, (509) 448-2291.

River Day School

Summer Camps run June 17-21, 24-28, July 8-12, 15-19, 22-26, July 29-Aug. 2, Aug. 5-9, 12-16, 19-23 and include a variety of entertaining and informational classes for grades K-6. Costs vary from \$140-\$175 depending on the class. www.riverdayschool.org.

St. George's Academic

Programs include Exercising Math and Science Skills, 9 a.m.-3 p.m. June 17-21, grades K-3, \$300; Adventure Camp, 12:30-4 p.m. June 17-21, grades 3-5, \$150;

Dragon Chess Camp, 9 a.m.noon June 17-21, grades K-6, \$150; **Online Summer Reading**, June 17-Aug. 18, recommended ages grades 4-5 (Intermediate) and grades 5-7 (Advanced), \$150; Legos and **Programming**, 9 a.m.-noon June 24-28, grades 1-3, \$160 or 12:30-3:30 p.m. July 29-Aug. 2, grades 1-3, \$160; Science Exploration, 9 a.m.-3 p.m. June 24-28, grades 7-10, \$325; Kids in Motion, 12:30-3:30 p.m. June 24-28, grades K-2, \$125; Legos and Nanoscience, 9 a.m.-3 p.m. July 15-19, grades 3-5, \$300. Around the World in Five Days, 9 a.m.-3 p.m. July 22-26, grades K-5, \$300, Robots, Robots, 9 a.m.-3 p.m. July 22-26, grades 6-8, \$225:



Inspire CREATIVITY and INVENTIVE thinking during a weeklong summer adventure of FUN and EXCITING real world challenges!

Returning to schools in your area! Please visit our website for camp locations and dates.

Register your child @ www.campinvention.org or 800.968.4332

Chinese Language and Cultural Immersion Camp,

9 a.m.-3 p.m. Aug. 5-9, grades 3-5, \$250:

Middle School Math Level 1, 9 a.m.-noon Aug. 12-16, grades 5-8 (who have not taken algebra). \$150: Middle School Math Level 2, 9 a.m.-noon Aug. 5-9, grades 7-10 who have taken Algebra 1, \$150; Algebra for Beginners, 9 a.m.-1 p.m. Aug. 5-9, grades 4-6, \$250; Middle School Study Skills, 9 a.m.-12:30 p.m. Aug. 19-21, grades 6-8, \$130. Ready, Set, Go! (reading, writing and performance skills), 9 a.m-3 p.m. Aug. 19-23, grades K-2, \$300; Grammar Fun Refresher, 1-4 p.m. Aug. 19-23, grades 5-8, \$250; High School Study Skills, 8:30 a.m.noon Aug. 19-22, grades 9-11. \$150. www.sgs.org/summer.

Science Safari, theme "Ocean Adventure," grades 2-9, includes hands-on exploration of ocean life, 8:30-11:30 a.m. June 17-21, 12-3 p.m. June 24-28, 8:30 a.m.-noon July 1-3 and 5. Gonzaga Prep. \$110. (509) 466-9453 or email tomdzwinel@comcast.net.

Language World Foreign Language Academy offers

German and Spanish for pre-school, kindergarten, and school-age students. German Preschool to High School Camps June 24-27, July 8-11 and 15-18 and Aug. 19-22; Spanish Preschool to Elementary School, July 15-18, 22-25 and Aug. 26-29; Cursive Writing Camp, ages 7 and up July 15-18. 12-hour preschool camp is \$160, **8-hour school-age camp** is \$120, 4-hour cursive camp is \$90. (509) 981-1155 or www.lwfla.com.

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FAMILY CAMPS YMCA Camp Reed Family Camp Long Weekend, Aug. 22-

25, Fan Lake. Each family assigned their own bunk style rustic cabin with use of a shared central bathhouse. All meals provided. Swimming, canoeing, hiking, basketball, soccer, archery, bb guns, climbing tower, chapel, campfires and more. \$165/person with discounts for families with more than two attendees. Children under 3 free. campreed.org or 777 YMCA (9622).

Family Vacation Weekends include Parker's Place Camp, June 28-July 2, for families who've lost a child (discounted cost of \$30 per person); **Family Festival** Vacation, July 3-7; Kindercamp, Aug. 9-11, campers age 4 & 5 and a favorite adult. Prices range from \$95 per person to \$700 maximum per family. 866-729-8372 ext. 110 or www. lutherhaven.com.

Cocolalla Lake Bible Camp

(year-round), ages 13-18, 4 p.m. Aug. 1g156-18, \$70/couple \$65 \$10/ per child (max family amount \$115), singles \$65. 208) 263-3912 or info@clbcamp.org. **Camp Fire Inland Northwest**

includes You and Me, Kid!

Weekends, June 28-30, July 5-7, July 26-28, open to adult family members, friends or mentors and a favorite young person, \$80 adults, \$45 age 4-plus, free under 4. www.campfireinc.org (509) 747-6181.

Vacation Bible Schools Manito Presbyterian Church's "Kingdom Rock" VBS, June 24-27, grades pre-K-6th, (509) 838-3559 or www.manito.org or (509) 590-9772

"Live Love", Vacation Bible

School with volunteer staff and Lutherhaven staff



Summer Camps THEATRE Not Your Parents

Murder Mystery Camp (4-8 Grade) June 17-28 Shows June 28 & 29

The Comedy and Absurdity of the Melodrama Camp



Visit www.interplayerstheatre.org for more information. Call (509) 455-7529 to register

Shakespeare Camp

(Grade 4 – High School)

In collaboration with the MAC

July 8-19: Shows July 19 & 20

leaders, 9 a.m.-noon July 8-12, Holy Trinity Lutheran Church, Spokane. Ages 4 to 5th grade. (509) 926-7966 or email holytrinity@

hotmail.com or www. ivlm.org.

God's Backyard Bible Camp, 5:30-8-15 p.m. July 21-25, North Hill Christian

Church, Spokane. Evening program for grades K-6 features family-style meals, adult Bible classes and an opening barbecue. Presented by North Hill Christian Church, Fowler United Methodist Church. Messiah Lutheran Church and Central Baptist Church. Free. (509) 327-9322 or email rickchurch@aol.com.

Son Rock Kids' Camp VBS, 9

a.m.-noon June 24-28. Hamblen Park Presbyterian, age range potty-trained 2-vear-olds to fifth graders. \$20. (509) 385-0629 or (509) 385-0626 or joe@hamblenpres.org.

Riverview Bible Camp includes Kids Summer Camp, June 24-28 with "Kingdom" theme, \$205, \$30 late fee after May 31. Middle School and High School camp July 21-26 "Call of Duty: Summer Ops," \$245, \$30 late fee after May 31. Fullservice camp north of Spokane is also available year-round for groups of all size and ages.(509) 844-8325 orwww. riverviewbiblecamp.com

Whitworth Community

Presbyterian VBS, July 8-11, ages 5 years-6th grade. Free but donations accepted, (509) 466-0305 ext. 118 or www.whitpres.org.

Manito United Methodist

Vacation Bible School 9 a.m.noon Aug. 12-16, ages 5-12. Theme is "Around the World Tour." Free but must register by July 29 at www.manitoumc.org.

WOMEN'S CAMPS Women's Weekend at Camp

Four Echoes, Sept. 6-8, includes gourmet food, wine, fun and relaxation. Proceeds benefit Girl Scout programs. \$225 or \$200 if reserved by May 12. 800-827-9478 ext. 204 or www.gsewni.org.

Women's Retreat Weekend at

Camp Sweyolakan, Sept. 6-8, includes camping, crafts and fun activities like swimming, bunco and massage. Proceeds benefit Camp Fire. \$110, www.campfireinc.org or (509) 747-6191.

SPECIAL NEEDS CAMPS

Funshine Day Camp, City of Spokane Parks and Recreation, ages 18-plus. Ages 6-21 with developmental and/or physical disabilities, plus

siblings or friends. Mission Park 10 a.m.-3:30 p.m. June 24-28. July 8-12. 15-19, July 29-Aug. 2, Aug. 5-9 and Adult Week 1 July 22-26. \$139. www.spokaneparks.org.

Champ Camp, Camp

Lutherhaven, June 23-28, July 14-19 and Aug. 4-9 for campers with special needs who require one-one-one or extra attention for some or all of the camp day, \$268 to \$365. New for 2013 is Weekend Mini Camp, July 19-21, \$107-\$146. www.lutherhaven. com. 1.866.729.8372 x 113.xxv

Camp Goodtimes East, available

for free to children diagnosed with cancer. Resident camp for ages 7-17 is Aug. 4-10 and day camp, ages 5-7 is 9:15 a.m.-4 p.m. Aug. 5-8 at Ross Point Camp in Post Falls. Includes various activities such as swimming, arts and crafts, archery, hiking, climbing and more. 242-8302 or kari. allen@cancer.org.

S.L. Start and Imagine **Behavioral and Developmental**

Services offers summer camp services for children with disabilities starting July 1. Morning and afternoon sessions or both. (208) 762-1250.

EQUINE CAMPS

Shoshone Creek Ranch, a Lutherhaven camp, offers faithbased horseback trail riding programs for youth, adults and families June 16-Aug. 16. 6-day programs for grades 5-12. \$343-\$440. Includes Adult and Family weekends, June 21-23 and July 19-21; Buckaroo Weekend July 26-28, and Wild Woman on the Ranch Weekend Aug. 4-6. 866.729.8372 x 113 or www.lutherhaven.com.

YMCA Camp Reed offers horse class and trail ride program

the weeks of July 7-13, July 21-27 and July 28-Aug. 3. Horse unit available for ages 11 and over, \$150 for three introductory two-hour classes. Trail rides available for ages 10-plus, \$30 for an hour ride. Other programs include Counselor in Training, June 16-Aug. 10 for boys and girls entering 10th grade, \$525; Mini Camp, June 23-Aug. 6, grades 1-2, \$225; www.campreed.org (509) 777-9622.

Camp: Making the Most of Summer

Each year, over 10 million children and youth take part in a camp experience, gaining critical skills and having serious fun. Making the most of your child's summer means giving an experience with benefits for the classroom and beyond: camp!

SUMMER LEARNING

Quality camp experiences are classrooms without walls — they provide fun designed around intentional programming, which can stem summer learning loss. And surrounded by new friendship opportunities and caring adult role models, campers make social and emotional development gains - developing confidence, discipline, understanding, and control precursors to academic success.

GETTING OUTDOORS. **STAYING ACTIVE**

Getting kids off the couch and playing outside has numerous health and cognitive benefits: stress reduction, increased creativity and problem solving, and making friends . . away from a screen! Typically, campers often meet and exceed the recommended amount of physical activity per day.

TOMORROW'S LEADERS

The Partnership for 21st Century Skills rates critical thinking, communication, creativity, and collaboration as some of the top traits leaders of the future must have. There's no better place to acquire these skills than camp, where kids explore the fundamentals of community, curiosity, and adaptability.

All quality camp experiences offer children the opportunity to make summer learning gains, but because each camp's culture is unique, it's important to find the camp that best fits your child's needs. Here in the Pacific Northwest, you can take your pick from settings in mountains, forests, lakes, or deserts, and from camp programs including hiking, rafting, inventing, designing, and more!

THE AMERICAN CAMP ASSOCIATION

(ACA) Find a Camp database can help you begin your search for the right camp experience. You can search for camps by criteria such as location, price, activities offered, and more. During your search, keep these things in mind:

YOUR CAMPER

The biggest factor to consider is your child. What are his or her interests, what does he or she want to get out of the camp experience? Make sure he or she is involved in the process of choosing the right camp experience — choosing camp is a family decision!

DAY OR RESIDENT CAMP?

Both day and resident camps are great options! Consider your family's needs and schedule. The age and maturity level of your child also factor into this decision: Has your child had positive experiences being away from home in the past?

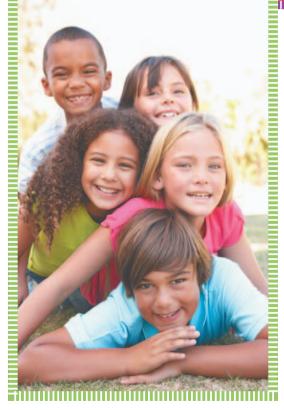
ASK QUESTIONS

After finding camps that interest you, speak with the camp director. Don't be afraid to ask the tough questions! ACA recommends finding out the staff-to-camper ratio, how issues like discipline or homesickness are handled, and more. Find the top questions parents should ask a camp director at www. CampParents.org/ campvisits.

FIRST-TIME **CAMPERS**

Whatever camp you choose, make sure first-time campers feel confident about the experience before the first day. Involving your child in the camp selection process helps them own the decision. Let your child talk about their feelings about camp. Stay positive and express your





confidence in their ability to handle camp. And it doesn't hurt to send a card or note to your camper that will arrive on the first day!

A PARENT'S TOP CONCERN

Ask if the camp is accredited by ACA or not. If not, ask why not. There are 2,400+ ACA-accredited camps, and ACA accreditation is some of

the best evidence that the camp is committed to your child's healthy and safety.

What really makes a camp experience unique is each camper and staff member who participates in creating the experience together. No two camp sessions are alike and no two summers are alike – each is its own magical experience. Take advantage of all that summer camp has to offer your camper - fun and learning await!

Find expert advice and resources about planning, packing, and more at ACA's parent and family Web site, www.CampParents.org.

ABOUT ACA

The American Camp Association® (ACA) works to preserve, promote, and enhance the camp experience for children and adults. ACA-Accredited® camp programs ensure that children are provided with a diversity of educational and developmentally challenging learning opportunities. There are over 2,400 ACAaccredited camps that meet up to 280 health and safety standards. For more information, visit www. ACAcamps.org.

2013 Camp Association®

Camp has been an American tradition for more than 150 years. Some things at camp – forming friendships, having fun, practicing new skills, and summer learning gains – will never change. But what are the camp trends today?

WHO GOES TO CAMP?

ACA estimates that there are 12,000 traditional, organized camps in the U.S. Each year more than 11.5 million children, youth, and adults attend camp. Today we see a wide range of ages participating in the camp experience: from children as young as three participating in day camp programs to senior adults, participating in family camps and senior camps. The American Camp Association (ACA) has a vision that by the year 2020, over 20 million children and youth will have a camp experience each year.



WHAT TYPES OF CAMPS ARE MOST POPULAR?

Traditional camps are still very popular – maybe more popular today than even a decade ago, as young people are very concerned about the environment, global awareness, mentorship, and getting along with one another. The camp community embraces those values.

Trends

There has also been a rise in the popularity of specialty camps, day camps, and family camps, as camps constantly adapt to meet changing needs of families. Many young people like to use the camp experience to sharpen a special skill or develop new ones. Even traditional camps are offering year-round camp experiences, as well as any number of specialty programs. This exciting diversification is an example of how the camp community is meeting the needs of today's families.

WHAT ACTIVITIES ARE POPULAR?

The most popular activities at camps today are swimming, arts/ crafts, challenge/ropes course, archery, and aquatic activities. In addition, ACA research shows 52 percent of day camps and 50 percent of resident camps offered one or more academic / science and technology programs. More than four in five ACA-accredited residential camps offer at least one environmental education program for campers.

Whatever the activity, camp gets kids moving! While at camp, campers are typically active three to five hours per day. This exceeds the recommended daily amount of physical activity from the CDC (one hour per day).

WITH SO MANY OPTIONS, HOW DO I FIND THE RIGHT CAMP?

There is a camp for every child, every interest, and every budget! The American Camp Association's Find a Camp database helps families find the perfect camp experience — whether it's a traditional, day, specialty, family, or even trip or travel camp. Visit CampParents.org to start your search, and be sure to check out the expert advice, packing tips, and more.

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Camp's Secret Weapon: The Buzz About Emotional Intelligence and Your Child

By Posie Taylor

Why consider summer camp for your child? Perhaps you hope to raise another Michelle Kwan or Tiger Woods. Maybe you are desperate for an alternative to day care, chauffeuring, and video games. There is another even more compelling reason to consider a high-quality summer camp according to the child development experts at the American Camp Association. Children at summer camps are learning vital life skills that will help them grow - and make their lives healthier and happier all along the way. It's the new buzz word in educational theory that's been at work in quality summer camps for years: Emotional Intelligence.

Jeremy and Tony are excited to go fishing. Their counselor helps them to work out a way to share the one rod fairly without arguing. Their newfound ability to share without anger carries over to their cabin and who operates the only working flashlight.

Sarah's nature counselor watches this shy 9-year-old gently and competently organize her camp friends for a wildflower search. At the beginning of camp, Sarah was too nervous to express an opinion about whether she preferred hot dogs or burgers.

Matthew and Valerie watch out for Robert as he maneuvers the climbing wall. They yell encouragement, cheering on their camp friend, who struggles daily with juvenile rheumatoid arthritis. On Opening Day, these two teased Robert about his unstable walk and slow progress. Cabin discussions about disabilities, a counselor's careful example of kindness and respect, and time together have helped the three form a strong friendship.

EMOTIONAL INTELLIGENCE: NATURE OR NURTURE?

These children all demonstrate sophisticated skills in areas scientists are watching closely. Observers are finding that a set of abilities,

collectively called Emotional Intelligence, has much to do with how children grow and succeed. These skills - self-awareness, self-control, empathy, the ability to wait (delayed gratification), the ability to listen, cooperate, share, and work

happiness than traditional IQ scores.

Goleman, shares new research that

skills are well-developed tend to be

children whose Emotional Intelligence

more successful at school, have deeper

and healthier relationships, grow up

and become valuable and contributing

Goleman's second assertion is

researchers, led by Howard Gardner,

a psychologist at the Harvard School

thoughtful teaching, conversation,

modeling, and practice can develop

and nurture these skills, especially

when that teaching is consistent.

that EQ skills can be taught these

qualities from parents, teachers,

and youth leaders. A group of

of Education, have shown that

to have more fulfilling work lives,

members of their communities.

psychologist and author Daniel

In Emotional Intelligence, clinical

well with

others

actually

predictors of

adult success and

better

– are

And summer camp is a vital part of the puzzle. Besides their long years of practice in this arena, camps have another edge. Because camps are free of the demands of curriculum and academic testing, professionals can focus on intangibles.

> Children away from home can learn about their own strengths and abilities. Perhaps the canoe doesn't head where it should at first. or a cabin-mate is unwilling to be friendly. Away from the familiarity of home and school, campers can test their own perseverance, and build new life skills for themselves.

Social skills, too, grow at camp. A campfire marshmallow roast is an exercise in sharing of sticks and the front row around the campfire. When campers take turns carrying the lunch to the top of the mountain, they learn firsthand how wonderful working together can be.

Counselors teach archery or pottery or swimming while showing children the value of the varied skills and talents of their friends. With no formal "curriculum," a lesson may be "interrupted" for a chat about sharing or about any of the EI skills.

Summer camps work hard to train staff in modeling and teaching Emotional Intelligence skills. Camp counselors can be wonderful role models. They are often closer in age than teachers, and the informal atmosphere encourages relaxed conversations at picnics or bedtime. There are usually more counselors with the children than a regular classroom, allowing more interaction than one teacher can supply.

When children find adult friends who model perseverance, listening. teamwork, and appreciation of differences, they set new and high standards for their own behavior.

CAMP IS A KEY OPPORTUNITY FOR GROWTH

Talented students develop abilities to cooperate and share in a community where they don't worry about grades and competition. Children with difficult school lives find rewards in new opportunities to shine. Having a chance to practice being a leader may be a rare experience!

When campers return home, parents can help them continue their summer skills all vear. Chores are a great teaching opportunity at home. Parents who model working together as a family to get jobs done reinforce vital lessons from camp.

Parents can also make sure that teachers and caregivers understand the importance of teaching Emotional Intelligence skills. Do teachers set up strong competition in their classrooms that kids don't feel encouraged to care? Do coaches reward the most aggressive players and talk of winning at all costs?

Parents who build a yearround program to teach Emotional Intelligence will find the lessons reinforce each other in wonderful ways. Summer camps, where these lessons have been taught for years, are a key part of the reinforcement.

Posie Taylor serves as a board member-at-large of the American Camp Association. She is also the executive director emerita of the Aloha Foundation, Inc.

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Good Camp, Bad Camp

By Brandon Seiler, Marketing Correspondent

Camp is a privilege reserved for the young. Kids only have a so many chances at experiencing its magic before they have to foot the bill themselves and refer to it dejectedly as a "retreat."

I was lucky enough to have two great camp odysseys during my adolescence. One was the closest I've ever had to a Hallmark cardperfect summer. The other slung me haphazardly into an internment facility in the dead of a Canadian winter.

Point being, all camps are not created equal. Choosing the right one for a child to attend ought to be a weighty decision for any parent to make.

Few of us in my sixth-grade class had ever looked around the playground and thought our shared zip code was reason enough for all of us to travel to a foreign land together, nor that our well-honed schoolyard cliques would melt away due to the majestic presence of a bald eagle.

Nonetheless, it was a longstanding tradition at our elementary school that we wouldn't be equipped to face adolescence until we'd been shipped to Canada, in January, for two weeks of "outdoor education."

Upon our arrival we found ourselves rationed into cabin "tribes" that trudged through knee-high snow on nature hikes, repaired Native American longhouses, worked at salmon hatcheries and sang a song of praise to Johnny Appleseed at every meal. In theory such activities would have been wholesome and rewarding if managed correctly. In reality Outdoor Ed turned out to be a Fat Camp for people who hate Mother Nature.

Each night after curfew, my tribe's camp counselor, "Duke," who'd been cherry-picked from the popular crowd of our hometown high school, would disappear from our cabin to "get some air" for three to four hours.

We spent these liberating times inflicting social traumas on the lower

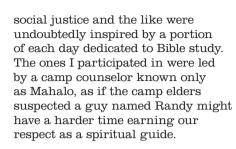
rungs of our cabin society. Each morning we awoke increasingly sleepdeprived to endure yet other eight hours of icy educational labor, some wondering fearfully if they might be deemed the night's proverbial Piggy from "Lord of the Flies."

All I took away from Outdoor Ed was an ingrown toenail, a duffle bag full of soggy laundry and the shameful feeling that I had somehow made things worse in my sixth-grade world. I confided the experience to my parents, and after a few stronglywritten letters, they resolved to make things right – by sending me to Christian summer camp.

I'm not a religious man today, and don't mean to imply any organization carrying the Jesus stamp is inherently better than one without it.

But there isn't much I would trade for the week I spent at summer camp inadvertently exploring theism. Admittedly, my glowing nostalgia may have been influenced in part by the lakefront setting, inner-tubing, archery lessons, putt-putt golf course and a taut romance with a fellow camper referred to as "Pickle" for her dark green one-piece bathing suit.

In all honesty, some of myearliest attempts to philosophize about morality, community, human rights,



He was a college-aged kid of Hawaiian descent from a very poor background, paid only a small stipend for living expenses in exchange for committing his summer to our development - Christian or otherwise. Although the camp brochure had promised our parents readings of Scripture would be presented as literal interpretations of the word of God, Mahalo respected the innocence of our intellect enough to let us do most of talking.

I don't remember being guided to any staunch religious worldviews in our little circle of trust. I do clearly recall feeling safe and respected in discussions of what it meant to live life as a good person. More importantly, I was convinced having these conversations with others and contemplating them alone was a critical part of living a life of meaning.

I returned from Christian camp feeling as though I had somehow accomplished something very important; that I had spent a week away from home learning how to live with a group of strangers and returned a better guy for it.

In retrospect, I owe one of the happiest and most formative summers of my youth to a few camp counselors who invested themselves in a group of kids they would probably never see again. So far as I know, that's what camp is supposed to be about. I'd sign up for a Canadian retreat to experience it again, even if I had to sing praise to Johnny Appleseed.

-WAY FARE





Girl Scouts Celebrate 75 years of Camp Four Echoes

Now taking reservations for summer sessions

SO WHY DO THEY CALL IT **CAMP FOUR ECHOES?**

We're not going to tell you, but maybe a current or a past Girl Scout can spill the beans, since, according to the youth organization's figures, there are now more than 34,000 past campers out there with happy memories of this camp.

Since 1938, Girl Scouts throughout

registration is encouraged, but there may still be some openings if your child or their friends want to attend. Nielsen and other officials are also planning special 75th anniversary activities.

All girls who attend Camp Four Echoes this year will receive items like a patch and T-shirt. There will be a Family Day on June 22, and a 75th anniversary celebration Aug. 24-25.

Information

for both events and registration for the 75th anniversary celebration can be found at www. gsewni.org.

Nielsen has been part

have to be a former camper," she said. The public is also invited to the June Family Day, especially parents whose children may be interested in attending the camp this year or in future years. Girl Scout membership isn't required to attend.

At Family Day, which runs from 10 a.m. to 3 p.m., you can visit the facilities, register for sessions, make a craft, meet the staff, try out boats and other water equipment, and have a barbecue lunch.

Camp Four Echoes is on 212 acres on Windy Bay, on the west side of Lake Coeur d'Alene, about 30 minutes from Spokane. It includes a central lodge, and themed campsites such as treehouses, and teepees. The treehouses are about a mile from the main lodge, and are often used by older girls. The teepees are closer for younger campers.

"The older and more independent you are, the fat to be from camp a you are, the farther away you get to be from the lodge and main

camp area," Nielsen said. Past campers who haven't been back for decades will enjoy seeing the lodge, which received a \$3 million renovation in 2011. Sessions begin June 23 with "Survivor Girl." Girls can experience living and cooking outside. There's also the "Wild Water World" session that same week that includes windsurfing, swimming, sailing and other aquatic activities. The last session ends Aug. 9.

Other popular sessions include "CSI/Solve a Mystery" where the girls must solve a mystery, and "Nocturnals," where day and night are reversed, such as breakfast in the evening, science activities at night like stargazing, and studying night wildlife instead of davtime creatures.

"This one sells out fast," she said. Another session lets older girls learn about college, including scholarship

1938-20 options. financial aid information and a tour of a local college.

Part of the traditional camp experience includes training future counselors and leaders. There are separate sessions for Counselors in Training starting at grade 9. Girls interested in this track can return each year to develop their leadership skills until they're 18 and can apply to be a counselor.

Girl Scouts who attend the Summer Day Camp at the Spokane Program Center can take occasional trips to Camp Four Echoes during some of the sessions. Weekly programs run June 17-Aug. 26 for ages 5-17. The location is also a site for the Spokane Public Schools summer lunch program.

Nielsen said limited scholarships are available for all the camp programs.

"We don't want people not to be able to participate because of price, even though our camps are among the most affordable in the region," she said.

Girls can also earn credit for resident and day camp by selling cookies. 'Cookie Dough' can also be used at the council and camp store vear-round.

In addition to summertime usage by Girl Scouts, Camp Four Echoes is also available year-round for private rentals. The lodge especially is great for weddings, reunions, or retreats. It includes a commercial kitchen, meeting rooms and room for hundreds of guests.

For more information on Camp Four Echoes, Summer Day Camp or local Girl Scout programs and activities, visit www.gsewni.org or call (509) 747-8091.

the region have been exploring. discovering, singing, and generally having a great time at this camp on Lake Coeur d'Alene. Some went once and loved it, other attended multiple years and returned as counselors, and then sent their own children or grandchildren to create their own camp memories.

"It's an amazing camp- some girls come back year after year," said Susan Nielsen, chief communications officer for Girl Scouts Eastern Washington and Northern Idaho.

This summer, the camp will once again be full of happy girls eager to create new memories while attending a variety of 3- to 6-day sessions. Some sessions fill up quickly, and early

committee for the The second secon event. which includes former Girl Scouts of all ages, including several who attended as far back as 1938. She said they all have great memories of the camp, and vividly recall many special moments.

of the

planning

She also has received letters from people who attended the camp while growing up in the area but now live in other parts of the country. They also describe many wonderful memories.

The whole community is invited to the August celebration. "You don't

Silverwood

Parents, teachers, or youth leaders looking for enjoyable activities for kids this summer can consider a trip to Silverwood Theme Park.

The largest theme park in the Northwest is definitely kid-friendly. with plenty of rides, games and attractions for any age, including several perfect for younger guests.

New for 2013, Silverwood will be adding two new rides. The first. SpinCycle, a 360 degree X 2 thrill ride to knock your socks off, and Barnstormer, a family-fun ride for

Themed Art Camps / Inland, Northwest drawund School and Ongoing Classes

Location: The Spokane Art Supply Store • 1303 N. Monroe • Spokane

July & August:

Students will draw & paint depending on the theme of the week such as: Art Journaling, Lions, Tigers & Bears, Faces & Figures: \$110 per camp **Ongoing Classes, Paint and Draw:**

Held once/week during the months of July and August. Monday 3:30 -5:00, 7-12 year olds, \$70 month Monday 6:00-8:00, adults and teens, \$80 month

For more information on schedule, themes and registration call (230-1880) or check www.indrawschool.com

young and old alike.

A trip to Silverwood can be easily incorporated into a late spring, summertime or early fall schedule, whether it's a family outing, a church get-together, a home school field trip. or even and end-of-the-year class party!

The park to the north of Coeur d'Alene offers special rates for groups of at least 15. Depending on the occasion, Silverwood can offer your group access to a special picnic area, and make

an all-vou-can-eat buffet available.

For an additional fee. your group can receive earlybird admission to Coaster Allev. which means you and your friends can spend extra time riding Tremors and

- or rest ests ren l Timber Terror before the rest of park guests queue up. Even better, Garfield can meet your group!

The park requests at least 72 hours



notice for group reservations; there's an online request form at www. silverwoodthemepark.com or you can call (208) 683-3400 ext. 3 for more details

Silverwood can also host kid's birthday parties, complete with a special area and a visit from Garfield.

During May and June, there are several perfect opportunities for groups or classes to visit the park.

ke p.⁵ take place May 22 - 23. Each year, area youth in grades 5-12 come to the park to learn about science, and in the process, have fun. Educational experiments include testing gravity and acceleration from some of the coasters.

There is a group-only day planned for May 17.

For more information on these and other youth/group events, call (208) 683-3400 ext.3.

Look for other special events or promotions throughout the season and purchase individual tickets online and save at www. silverwoodthemepark.com



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